

Remember, if you feel you'd like any additional support or advice, our door is always open. Please do not hesitate to get in touch with us.

My local Victim Support contact:

We are an independent charity offering free, confidential support to people affected by crime and traumatic incidents.

For information and support, contact us by:

- calling: Supportline **08 08 16 89 111**
- using Next Generation Text (add **18001** before any of our phone numbers)
- Online: **victimsupport.org.uk**

To find out how you can help us, visit **victimsupport.org.uk/get-involved**

Victim Support would like to thank West Yorkshire Police for their support in producing this resource.

Content taken from research conducted by Professor Rachel Armitage, University of Huddersfield and Chris Joyce, Force Crime Prevention Officer at West Yorkshire Police.

victimsupport.org.uk

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VS VICTIM SUPPORT



How to protect your property

We all want to keep our homes and belongings safe. CCTV and burglar alarms are effective deterrents, but can be expensive. Based on innovative research, this guide brings you a fresh perspective on practical, inexpensive ways to empower yourself against burglary – direct from the offender's mouth.

www.victimsupport.org.uk

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“Use the security you’ve got... what’s the point of having an alarm and then not using it?”

“I wouldn’t burgle a house if I saw or thought that the TV was on.”

Leaving your TV on is a fire risk, but fake TV units, which simulate the flickering lights of a TV, can make a burglar think twice.

“People leave packaging against the bins. It just advertises what’s in the house.”

If your bin is full, consider keeping any packaging until you can fit it fully inside the bin. Alternatively, dispose of it at your local tip or recycling centre.

“People get home from work at 5 o’clock and drop everything they’re carrying as soon as they step foot through the door... Lock the door and take the key out... Don’t leave it in reach of the letter box... or on view through a window.”

“If people are going to leave a light on when they go out tell them that a light on upstairs might put me off a bit more, as I can’t usually see through the upstairs window to make a judgement.”

Doors fitted with euro cylinder locks? Do they meet TS 007 (3 star) or Sold Secure Diamond Standard (SS312)? Contact the Master Locksmiths Association for more information or visit their website: www.locksmiths.co.uk

“The amount of people that shove laptops under the sofa and think you can’t see them is phenomenal... from where they’re stood they can’t see it, but they never look through the window that I do.”

“Loads of people leave charger plugs for tablets and power cables for laptops plugged in on view in the lounge or kitchen... they should unplug them and keep them out of sight, so I don’t know what might be in the house.”

It can be tempting, but don’t give away your location on social media.